

Past obstetric history

She is Para 4⁺⁰, all alive. All her deliveries were supervised hospital vaginal births with no complications. Her last childbirth was 26 years ago.

Past medical and surgical history

She coughs occasionally and she is on medications for chronic obstructive airway disease which was diagnosed four years ago. She is neither diabetic nor hypertensive. There is no history of previous surgery.

Drug and allergy history

She has no known history of drug allergy and drugs history is as mentioned earlier.

Family and social history

She is a retired primary school teacher married to a 69 year old civil servant. She neither takes alcohol nor ingests tobacco products. There is no family history of diabetes mellitus or hypertension.

Physical examination

She looked healthy. She was not pale, and was anicteric and acyanosed. There was no pitting pedal edema. She weighed 72Kg, was 1.58m tall and her BMI was 28.9 kg/m² which is overweight.

Breasts

They were bilaterally symmetrical. There were no palpable masses or nipple discharge.

Respiratory System

The respiratory rate was 22 cycles per minute and trachea was central. The lung fields were clear clinically.

Chapter 11

THE WOMAN WITH GENITAL PROLAPSED

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PRACTICE CASE 1

Mrs. PO is a 65 year old 14 years postmenopausal Para 4⁺⁰, 4 alive, retired primary school teacher, who resides at 2, Olorunsogo Street, Oshogbo. She presented with a 6 month history of a mass protruding from the vagina. The mass has gradually increased in size. The bulge through the vagina increases with heavy load lifting and coughing. She intermittently has difficulty in passing urine which improves when she pushes the mass back into the vagina and she does not have any difficulty with reducing it. There is no history of abdominal swelling, constipation or straining during defaecation. There is no history of associated frequency of micturition, incontinence or vaginal bleeding. She does not experience difficulty or pain with sexual activity. Sexual frequency is about twice monthly. She described her sexual desire as moderate and occasionally achieves orgasm. There is no history of incontinence during intercourse.

She sought treatment in a private hospital from where she was referred to the University of Ilorin Teaching Hospital, Ilorin, without any prior investigations or treatment.

Gynaecological history

She attained menarche at 13 years of age and is 14 years postmenopausal. She is not aware of screening for cervical cancer.